

PARENT POST

YOUR CHILD'S FIRST TEACHER



Fall Book List

- A Visit to the Orchard by Rosalyn Clark
- The Story of an Apple by Stacy Taus-Bolstad
- Bizzy Bear Fun on the Farm by Benji Davies
- In My Den by Sara Gillingham
- Stanley's Lunch Box by William Bee
- Curious George Curious About Fall by Cynthia Platt (character by H.A. Rey)
- Here We Go Round the Mulberry Bush by Jane Cabrera
- What We Do in Fall by JoAnn E. Macken
- Crayola Fall Colors by Mari C. Schuh
- I See Fall by Charles Ghigna
- Mouse's First Fall by Lauren Thompson
- Max and the Fall Parade by Rosemary Wells
- Caillou Goes Apple Picking by Danielle Patenaude

Things to do

- Go for a hayride
- Go pumpkin picking
- Go apple picking
- Visit a petting zoo
- Visit a farmstand
- Go on a nature walk
- Play in the leaves

Finger Funs

Scarecrow Scarecrow

Scarecrow, scarecrow turn around (*Stand up and turn around*)

Scarecrow, scarecrow touch the ground. (*Bend and touch the ground*)

Scarecrow, scarecrow reach up high. (*Lift arms overhead*)

Scarecrow, scarecrow touch the sky (*Reach up and onto tippy toes*)

Scarecrow, scarecrow bend down low (*Bend and touch the ground*)

Scarecrow, scarecrow touch your toes. (*Bend and touch your toes*)

(Repeat and try to go faster)

Wheels on the Bus

The wheels on the bus go round and round
Round and round, round and round,
The wheels on the bus go round and round
All through the town (*roll your hands*)

The wipers on the bus go swish, swish, swish
Swish, swish, swish. Swish, swish, swish.
The wipers on the bus go swish, swish, swish
All through the town (*move arms from side to side at the elbow*)

The people on the bus go up and down
Up and down, up and down
The people on the bus go up and down
All through the town (*lift yourself up and down*)

Repeat first verse.

Activities

Handprint Leaf Tree

Materials: construction paper, brown marker, fingerpaint in red, yellow, green, orange and brown, paper plates

1. Draw a tree trunk in the middle of the construction paper.
2. Squirt paint colors onto plates
3. Using hands make the fall leaves on the tree.



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Ghost Pumpkin Bowling

Materials: empty water bottles (6), white paint, black sharpie, small round pumpkin. (If you don't wish to play with food, find a plastic pumpkin)

1. Pour a bit of white paint into the water bottles, just enough to coat the insides. Put on the cap tightly and roll the bottles till the paint covers the sides of the bottles.
2. Draw ghost faces on the outside of the bottles.
3. Place the 6 bottles in a triangle shape.
4. Pace out at least 3 feet from the bottles, more if you're playing with an older child.
5. Roll the pumpkin toward the ghosts and try to knock down as many as you can.

Pumpkin Face Memory Game

Materials: 8 paper plates, construction paper or markers, orange paint/markers

1. Color one side of each of the paper plates orange (paint or marker)
2. On 2 plates create (with construction paper or markers) a jack-o-lantern with the same face on each plate
3. Repeat step 2, two more times. Till you have a set of 4 jack-o-lanterns
4. Place jack-o-lanterns white side up and play memory. Can you find 2 pumpkins with the same face?

Family Moments

Family picture time happens a lot in the fall, just in time for the pictures to be ready for the Christmas card. Remember, a family picture is designed to share a family moment, so don't forget to make the picture taking fun as well. If you're scheduled with a photographer try to do it outdoors and let your kids be free to explore the area, the leaves, the gardens; don't let the posing ruin the family time. Or be a bit more carefree and remember to take a camera on those family adventures you take during the fall. A trip to the farmers' market, the park, the orchard - these all create great memories to capture.

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